

# **The Practice of Natural Family Planning Versus the Use of Artificial Birth**

## **Control: Family, Sexual and Moral Issues**

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### **ABSTRACT**

*Although the traditional family is universally accepted as the basic unit of society, its nature and foundation are constantly being challenged. Destructive elements within society are continually trying to impede humanity's natural population growth with illicit means as well as the inclusion of unnatural unions as part of the definition of "family." Such changes would destroy its raison d'être, as well as the dignity and moral prominence of the traditional family, the most important structure of society to be nurtured and protected. Therefore, it is vital to investigate the causes that threaten its existence, and expand the practices that strengthen its survival.*